

1 **Title: Effectiveness of community-based culturally tailored cervical cancer awareness interventions**  
2 **among women and decision-making men in low-resource settings: A pre-post design evaluation**  
3

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24 **Abstract**

25

26 **Background:** Cervical cancer (CC) disproportionately affects women in low-resource settings (LRS),  
27 where screening uptake remains low. Limited CC awareness remains a key screening barrier. Although  
28 male household decision-makers often influence women's health decisions, they are infrequently targeted  
29 in awareness interventions. This study evaluated culturally tailored interventions to improve CC  
30 awareness among women and male household decision-makers in rural Uganda and Bangladesh.

31

32 **Methods:** A quasi-experimental pre-post design was applied using data from the PRevention and  
33 SCReening Innovation Project Towards Elimination of Cervical Cancer (PRESCRIP-TEC). The culturally  
34 tailored awareness intervention combined mass media with community health worker-led outreach.  
35 Multivariable logistic regression analysed the intervention's effects in improving CC awareness, measured  
36 as risk factor (RFK) and symptom knowledge (SK).

37

38 **Findings:** A total of 1453 pre-intervention (721 females [49.6%], 732 males) and 1889 post-intervention  
39 (1478 females [78.2%], 411 males) respondents were included. Compared to pre-intervention, both  
40 females (RFK = OR: 9.51, 95%CI: 7.52-12.02; SK = OR: 6.24, 95%CI: 5.03-7.74) and male household  
41 decision-makers (RFK = OR: 11.72, 95%CI: 8.03-17.10; SK = OR: 4.53, 95%CI: 3.31-6.19) had a  
42 significant improvement in CC awareness at post-intervention after controlling for country, age,  
43 education, marital status, lifetime CC screening, and female health decision-making status.

44

45 **Interpretation:** Engaging male household decision-makers and integrating mass media with community  
46 health worker outreach in culturally tailored awareness interventions effectively improves CC awareness  
47 across two socio-culturally distinct LRS. This approach can inform future policy and screening campaigns  
48 in LRS.

49

50 **Funding:** European Union's Horizon 2020 research and innovation grant; University Medical Center  
51 Groningen internal award

52 **Research into context**

53

54 **Evidence before study (incl.: sources searched, criteria used, start-end dates of search).**

55 A PubMed search covering Jan 1, 2015 – May 6, 2025 without language restrictions used the following  
56 terms (“uterine cervical neoplasm”, “cervical cancer”, “early detection of cancer”, “screen\*”, “test\*”, “pap  
57 smear”, “pap test”, “papanicolou test”, “papanicolou smear”, “thinprep cytology\*”, “TCT”, “HPV test\*”,  
58 “HPV samp\*”, “visual inspection with acetic acid”, “VIA”, “VILI”, “visual inspection with lugol’s  
59 iodine”, “VIAC”, “educat\*”, “uptak\*”, “atten\*”, “particip\*”, “adheren\*”, “knowledge”, “attitude”,  
60 “awareness”, “perception”, “accep\*”, “intention”, “will\*”, “health education”, “early intervention,  
61 education”, “health promotion”, “health campaign\*”, “awareness program”, “rural”, “countryside\*”,  
62 “village”, “low resource setting\*”, “resource limited region\*”, “resource limited area”, low and middle  
63 income countries). Of the 211 results, we identified three systematic reviews and 19 cervical cancer (CC)  
64 awareness interventions in low-resource settings (LRS) within low- and middle-income countries. The  
65 three systematic reviews included two in Sub-Saharan Africa and one worldwide review in rural settings.  
66 The reviews emphasised engaging with the community, involving male household decision-makers, use of  
67 mass media and community health workers (CHW), and tailor awareness to local contexts (e.g., language,  
68 culture, literacy levels and resource availability). Only five of the 19 intervention studies involved men in  
69 the interventions. These studies were implemented using CHW who conducted education sessions in  
70 homes, study sites or locations near clinics. Only one of these studies measured men’s post-intervention  
71 CC awareness.

72

73 **Added value of this study (incl.: how findings add value to existing evidence)**

74 This study provides the first evaluation of an integrated CC awareness intervention using both culturally  
75 tailored mass media and CHW-led outreach targeting both male household decision-makers and women in  
76 two distinct LRS (rural Uganda and rural Bangladesh). Unlike prior studies, this is one of the few studies  
77 to measure the intervention’s impact on male’s CC awareness. Our findings show that adapting content to  
78 local literacy levels, language, culture and available resources, can significantly improve CC awareness  
79 among both women and male household decision-makers.

80

81 **Implications of all the available evidence (incl.: for practice and policy and future research).**

82 Women’s CC screening participation is influenced by their own awareness, that of their male household  
83 decision-makers, and broader community understanding. Stigma and misconceptions among men and the  
84 broader community affects understanding of CC risk and women’s access to and uptake of screening. The  
85 significant improvements of CC awareness in both women and male household decision-makers in two  
86 diverse LRS demonstrate the value of integrated, context-specific strategies, offering a model that can  
87 inform future programs and policy in similar settings. Future research should explore the longitudinal  
88 sustainability of awareness and screening following such an intervention as well as the cost-effectiveness  
89 of this approach.

90 **Introduction**

91 Cervical cancer (CC) is the fourth most common cancer affecting women worldwide, with approximately  
92 660,000 cases and 350,000 deaths in 2022.<sup>1</sup> Over 80% of both cases and deaths occur in low- and middle-  
93 income countries (LMICs), highlighting a significant global disparity.<sup>2</sup> CC is largely preventable given its  
94 primary cause, persistent infection of high-risk human papillomavirus (hrHPV).<sup>3</sup> Timely screening (e.g.,  
95 hrHPV self-sampling) followed by early treatment, significantly improves survival.<sup>4</sup> The World Health  
96 Organization's (WHO) 2021 CC elimination strategy set a 2030 goal of 70% screening and 90%  
97 treatment.<sup>5</sup> Yet despite these ambitions, two-thirds of women worldwide aged 30-49 have never been  
98 screened and are frequently diagnosed at advanced stages of CC.<sup>6</sup> Within LMICs, rural women are  
99 screened less often and have higher CC rates than urban women, pointing to growing intra-country  
100 disparities.<sup>7,8</sup> These inequalities reflect deeper challenges that limit access and uptake of screening,  
101 especially in these rural remote low-resource settings (LRS) within LMICs.

102  
103 Awareness of CC risk factors and symptoms is a key barrier to screening participation<sup>9</sup>, often shaped by  
104 broader challenges of sociocultural norms, low education, low socioeconomic resources, and inadequate  
105 and inaccessible healthcare resources.<sup>10,11</sup> Misconceptions and cultural taboos about the disease distort  
106 understanding of its risks.<sup>12</sup> This is especially true for men, who are often less aware of CC than women,  
107 yet as husbands or partners, they often serve as primary decision-makers to women's screening.<sup>13,14</sup>  
108 However, most CC awareness interventions in LRS continue to solely target women. Some interventions  
109 in LRS have involved men, and have involved community health workers (CHWs) using home visits or  
110 location-based sessions (e.g., study sites or locations near clinics).<sup>15-19</sup> These approaches, while effective,  
111 may miss hard-to-reach groups, and can be limited in their effectiveness without broader community  
112 engagement. Combining CHW-led outreach with community-tailored mass media approaches can broaden  
113 reach, and reinforce key messages, helping to address community-wide stigma, misconceptions and low  
114 awareness more comprehensively.<sup>20</sup> To our knowledge, there has been no intervention evaluated to target  
115 both male household decision-makers and women living in LRS using a combined mass media approach  
116 with CHW-led outreach.

117  
118 Thus, the objective of the current study is to evaluate an intervention that utilises both mass media and  
119 CHW-led outreach methods, among both females and male household decision-makers, and tailored to the  
120 contexts of two LRS to improve CC awareness. By evaluating the intervention in two diverse LRS, the  
121 study provides insight into strategies to improve awareness in these settings. We hypothesised that such an  
122 intervention will significantly increase CC awareness post-intervention in females and male household  
123 decision-makers living in LRS.

124 **Methods**

125 **Context**

126 This study was conducted within the PREvention and SCReening Innovation Project Towards Elimination  
127 of Cervical Cancer (PRESCRIP-TEC).<sup>21-23</sup> PRESCRIP-TEC aimed to evaluate the feasibility of 2021  
128 WHO guidelines by implementing primary hrHPV self-sampling in LRS, which includes rural Bangladesh  
129 and rural Uganda. PRESCRIP-TEC intervention activities (see table S1) included:

- 130 1. community sensitisation activities to raise awareness in women and household decisionmakers  
131 about CC screening and treatment,
- 132 2. hrHPV self-sampling offered at home by CHW and,
- 133 3. building capacity for visual inspection with acetic acid (VIA) triage (Bangladesh) or VIA for  
134 visual assessment of treatment (Uganda) in local health systems to improve screening outcomes.

135 The community sensitisation activities employed culturally and resource tailored multimedia mass  
136 communication tools and CHWs used interpersonal communications to raise awareness among both  
137 female and male household decision-makers. The following catchment areas were included per country as  
138 these were selected as part of the PRESCRIP-TEC project:<sup>22,23</sup>

- 139 • Uganda (mid-Western region): Kakumiro with sub-districts including Mpassaana, Katikara,  
140 Kitaihuka, Birembo and Kisengwe.
- 141 • Bangladesh (northern and southern region): Gaibandha and Kurigram in the north, and Sathkira  
142 intervention areas in the south.

143 The study was registered in ClinicalTrials.gov, NCT05234112. Favourable Ethical Opinion for  
144 PRESCRIP-TEC activities was obtained from the country-specific research ethics committees:

- 145 • Bangladesh: Institutional Review Board of International Centre for Diarrheal Disease Research,  
146 Bangladesh (ICDDR,B), approval number PR-21029, approved on 30<sup>th</sup> January 2022;
- 147 • Uganda: Uganda Cancer Institute Research Ethics Committee, registration number: UCI-2021-29,  
148 approved on 5<sup>th</sup> April 2022.

149  
150 **Intervention**

151 The exact dates and duration for each country and the specific activities are provided in supplementary  
152 table S1.

153 **Pre-intervention survey:** Prior to the implementation of the first two intervention activities, pre-  
154 implementation surveys were carried out in eligible catchment areas in each country, and lasted around 1-  
155 3 months.

156 **Intervention:** PRESCRIP-TEC consortium partners tailored country-specific community sensitisation and  
157 mobilisation strategies based on the pre-intervention survey, as well as identifying key needs, local  
158 literacy levels, and socio-cultural barriers to CC screening uptake. For the latter, various media formats  
159 were tested to ensure which formats had wide coverage and most engagement given conditions of limited  
160 resources (e.g., limited internet and/or electricity). These strategies leveraged existing networks,  
161 employing trained CHWs from target communities. Communication efforts combined mass and  
162 interpersonal approaches, including local radio segments, newspaper advertisements, social media,  
163 posters, SMS campaigns, flyer distribution, door-to-door visits, group sessions, community theatre, and  
164 community leader engagement. Activities and materials were adapted to each country's context to  
165 enhance reach and effectiveness. Local teams received in-house training from PRESCRIP-TEC partnered  
166 organisations and a communication partner specialising in event organisation and social media marketing.  
167 Hr-HPV self-sampling was offered by CHWs using a door-to-door strategy in both countries.<sup>24</sup>

168 **Post-intervention survey:** Participants were re-sampled from the same intervention areas with the same  
169 eligibility criteria. Post-intervention survey data was collected 6–12 months from the pre-intervention  
170 surveys. Country-specific intervention dates are provided in supplementary table S1. Overlap in  
171 intervention and post-intervention dates is explained by the phased strategy that was used per area of  
172 rolling out the interventions. When one area's intervention was in process or completed the post-  
173 intervention survey was collected before moving to the next area.

174

175 **Pre-post Evaluation**

176 For the presented analysis, the focus is on the awareness activities using a quasi-experimental design with  
177 different subpopulations surveyed pre- and post-intervention. These groups were considered comparable,  
178 as participants were recruited from the same rural areas using identical eligibility criteria.

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180 **Measurements**

181 Surveys included demographic and awareness questionnaires at both pre- and post-intervention levels.

182 Surveys are provided in the supplementary materials.

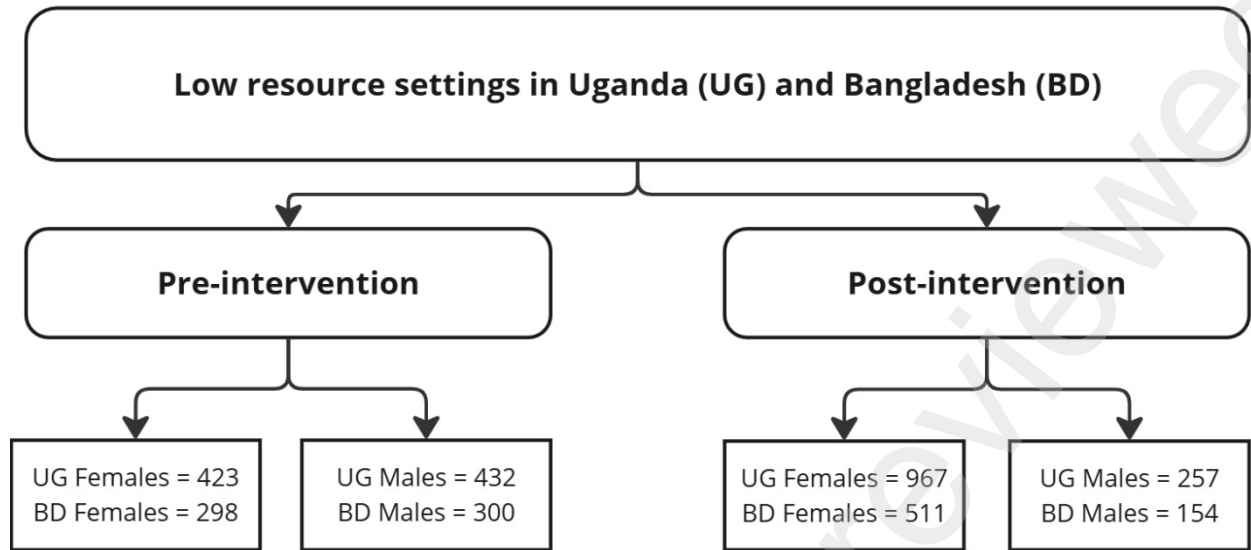
183 **Demographics:** These included sex, age, education status, and marital status. Three female-specific  
184 demographic questions were also included: 1. The lifetime CC screening history (a participant would  
185 respond “yes/no” on whether a healthcare worker ever screened them for CC). 2. Women were asked  
186 about who made decisions regarding their health - they could select the from following: “myself”, “partner  
187 only”, “myself and partner”, “someone else in the household”, or “myself and someone else in the  
188 household”. 3. In the post-intervention survey, women were asked an additional closed Yes/No question  
189 on whether or not they participated in the hrHPV self-sampling that was offered as part of the PRESCRIP-  
190 TEC project.

191 **Awareness:** The second questionnaire was the adapted CC sub-section of the African Woman Awareness  
192 of CANcer (AWACAN).<sup>25</sup> This 41-items validated questionnaire assesses CC awareness across several  
193 domains: risk factors, symptoms, lay beliefs, confidence in appraisal, help-seeking behaviours, and  
194 barriers to accessing health care. For this study, we focused on two AWACAN domains: risk factor  
195 knowledge and symptom knowledge. Items are a list of 11 risk factors to CC and 12 CC symptoms where  
196 participants respond with a “Yes”, “No”, or “I don’t know”. Only correct responses are scored on a  
197 continuous scale, with higher numbers indicating better awareness of CC risk factors and symptoms,  
198 respectively. Questionnaires were contextualised and translated using forward and backward translation.  
199 The questionnaire, originally intended for only females was also adapted to ask males. This was done in  
200 consultation with experts and members of the target groups in each country.

201

202 **Participants**

203 Female participants were eligible if they met pre-defined age groups in accordance with PRESCRIP-TEC  
204 CC screening practices, as determined by local implementing partners: Bangladesh (30-60 years) and  
205 Uganda (30-49 years). Exclusion criteria included pregnancy, a history of hysterectomy, current signs and  
206 symptoms suggestive of CC, prior ablative or excisional treatment for CC, or vaginal infection. Eligible  
207 females and male decision-makers from the same household had to provide written or oral informed  
208 consent with a representative signing for oral consent. They were also required to understand and respond  
209 to survey questions, and willing to be interviewed privately. Country-specific sampling procedures are  
210 detailed in pre-intervention publications,<sup>22,23</sup> and the same methods were applied during the post-  
211 intervention phase. All participants who completed the AWACAN at pre- or post-levels were included in  
212 the presented analysis in this study (see Figure 1).



**Figure 1.** Participant flowchart used in the presented analysis for both low-resource settings stratified by pre- and post-intervention level

**Outcome**

The primary outcome of the presented analysis was CC awareness in females and male household decision-makers operationalised as risk factor knowledge and symptom knowledge as measured by the AWACAN.

**Covariates**

Covariates included country, age, education level, and marital status. Education was grouped as "No education" (no formal education or incomplete primary school) and "Primary education and higher." Marital status was collapsed into "with" (married or cohabiting) or "without" partner (never married/single, divorced, separated, or widowed). Female-specific question of health decision-making status' responses were collapsed into "myself" or "not myself/joint decision-making".

**Statistical Analysis**

Baseline characteristics as well as risk factor knowledge and symptom knowledge scores were described at pre-/post-levels. This was done separately for female and male participants. Due to skewness, continuous variables were dichotomized at the median. Prior to performing the logistic regression analyses, we analysed missing data patterns and applied multiple imputations (n = 5) to fill in for missing values. Thereafter, univariate and multivariable analyses were performed for both sexes, where pre-/post-intervention level, country, age, education, marital status were used as predictors to risk factor and symptom knowledge scores. Lifetime CC screening and health decision-making status were an added predictor in the female-only models. Finally, a complete case analysis was conducted as a sensitivity analyses. All analyses used an alpha of 5% for significance and were conducted using Statistical Package for Social Sciences version 26.

**Role of the funding source**

The funding agencies of the study had no role in study design, data collection, data analysis, data interpretation, or writing of the report.

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244 **Results**

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246 **Population Characteristics**

247 Table 1 shows the population characteristics. The sample consisted of 1453 pre-intervention respondents  
 248 and 1889 post-intervention respondents (57%). In total, 2199 females (66%) and 1143 male household  
 249 decision-makers from both LRS across both pre-/post-intervention levels were included. Females were  
 250 aged between 30 to 60 years ( $M_{Age} = 37.11$  years,  $SD_{Age} = 6.09$ ), while male household decision-makers  
 251 were aged between 20 to 79 years ( $M_{Age} = 41.36$  years,  $SD_{Age} = 7.95$ ). Respondents often reported having  
 252 a partner, and having no education. Females in both countries often reported that they did not make  
 253 autonomous decision-makers regarding their health. Overall, the characteristics between the pre- and post-  
 254 intervention samples were similar, although there were differences in education level for both sexes.  
 255

256 **Table 1. Demographic data stratified by country and pre-/post-intervention levels**

		Rural Uganda		Rural Bangladesh		Total
Females		Pre- (N = 423)	Post- (N = 967)	Pre- (N = 298)	Post- (N = 511)	Females (N = 2199)
<b>Age<sup>a</sup> n, %</b>						
	< 36 years	147, 34.8%	546, 56.5%	137, 46.0%	183, 35.8%	1013, 46.1%
	≥ 36 years	208, 49.2%	421, 43.5%	161, 54.0%	328, 64.2%	1118, 50.8%
	Missing	68, 16.1%	..	..	..	68, 3.1%
<b>Marital status n, %</b>						
	No partner	51, 12.1%	41, 4.2%	..	10, 2.0%	102, 4.6%
	Partner	305, 72.1%	926, 95.8%	298, 100%	501, 98.0%	2030, 92.3%
	Missing	67, 15.8%	..	..	..	67, 3.0%
<b>Highest level of education n, %</b>						
	No education	254, 60.0%	624, 64.5%	275, 92.3%	275, 53.8%	1428, 64.9%
	Primary Education and Higher	102, 24.1%	343, 35.5%	23, 7.7%	236, 46.2%	704, 32.0%
	Missing	67, 15.8%	..	..	..	67, 3.0%
<b>Health Decision-maker n, %</b>						
	Myself	114, 27.0%	133, 13.8%	8, 2.7%	13, 2.5%	268, 12.2%
	Partner, Someone else in the household or Joint	309, 73.0%	832, 86.0%	289, 97.0%	498, 97.5%	1928, 87.7%
	Missing	..	2, 0.2%	1, 0.3%	..	3, 0.1%
Male household decision-maker		Pre- (N = 432)	Post- (N = 257)	Pre- (N = 300)	Post- (N = 154)	Males (N = 1143)
<b>Age<sup>a</sup> n, %</b>						
	< 40 years	237, 54.9%	100, 38.9%	94, 31.3%	26, 16.9%	457, 40.0%
	≥ 40 years	149, 34.5%	157, 61.1%	206, 68.7%	126, 81.8%	638, 55.8%
	Missing	46, 10.6%	..	..	2, 1.3%	48, 4.2%
<b>Marital status n, %</b>						
	No partner	71, 16.4%	2, 0.8%	..	..	73, 6.4%
	Partner	313, 72.5%	255, 99.2%	300, 100%	152, 98.7%	1020, 89.2%

	Missing	48, 11.1%	..	..	2, 1.3%	50, 4.4%
<b>Highest level of education n, %</b>						
	No education	285, 66.0%	82, 31.9%	259, 86.3%	92, 59.7%	718, 62.8%
	Primary Education and Higher	102, 23.6%	175, 68.1%	41, 13.7%	60, 39.0%	378, 33.1%
	Missing	45, 10.4%	..	..	2, 1.3%	47, 4.1%

257 *Note.* <sup>a</sup>Age was split at the median.

258  
259 As shown in Table 2 below, higher scores were seen across the indicators of awareness between the pre-  
260 and post-intervention survey, such that the participants scored higher at post-intervention with some  
261 variation between countries (Table 2). CC screening was lowest at pre-intervention level but increases  
262 with the awareness-raising intervention and the implementation of hrHPV self-sampling.  
263

264 **Table 2. Indicators for awareness stratified by country and pre-/post-intervention levels**

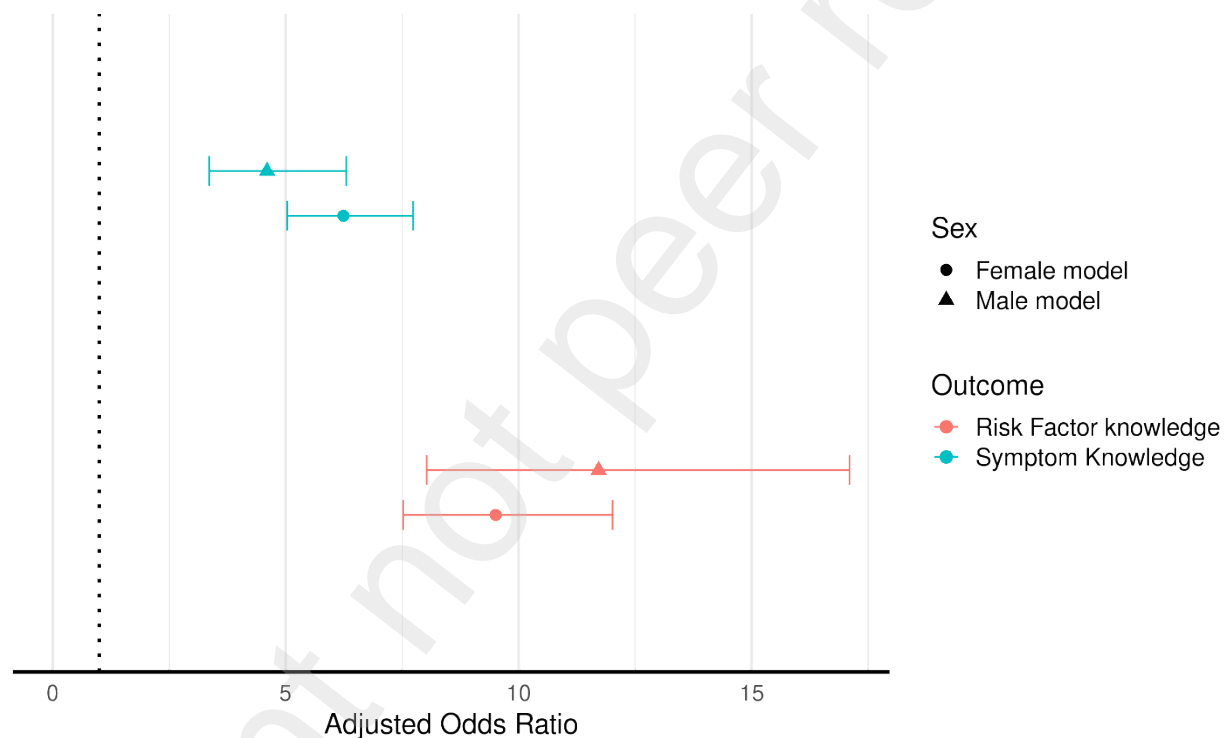
		Rural Uganda		Rural Bangladesh		Total
<b>Females</b>		<b>Pre- (N = 423)</b>	<b>Post- (N = 967)</b>	<b>Pre- (N = 298)</b>	<b>Post- (N = 511)</b>	<b>Females (N = 2199)</b>
<b>Risk Factor knowledge<sup>a</sup> n, %</b>						
	Low scores	289, 68.3%	370, 38.3%	260, 87.2%	151, 29.5%	1070, 48.7%
	High scores	112, 26.5%	560, 57.9%	38, 12.8%	360, 70.5%	1070, 48.7%
	Missing	22, 5.2%	37, 3.8%	..	..	59, 2.7%
<b>Symptom knowledge<sup>a</sup> n, %</b>						
	Low scores	255, 60.3%	199, 20.6%	198, 66.4%	138, 27.0%	790, 35.9%
	High scores	135, 31.9%	741, 76.6%	100, 33.6%	373, 73.0%	1349, 61.3%
	Missing	33, 7.8%	27, 2.8%	..	..	60, 2.7%
<b>Lifetime cervical cancer screening prevalence n, %</b>		28, 6.6%	394, 40.7%	29, 9.7%	66, 12.9%	517, 23.5%
	Missing	16, 3.8%	27, 2.8%	1, 0.3%	11, 2.2%	55, 2.5%
<b>Uptake of hrHPV self-sampling<sup>b</sup> n, %</b>		..	618, 63.9%	..	467, 91.4%	1085, 73.4%
	Missing	..	317, 32.8%	..	25, 4.9%	342, 23.1%
<b>Male household decision-maker</b>						
		<b>Pre- (N = 432)</b>	<b>Post- (N = 257)</b>	<b>Pre- (N = 300)</b>	<b>Post- (N = 154)</b>	<b>Males (N = 1143)</b>
<b>Risk Factor knowledge<sup>a</sup> n, %</b>						
	Low scores	222, 51.4%	17, 6.6%	201, 67.0%	27, 17.5%	467, 40.9%
	High scores	176, 40.7%	220, 85.6%	95, 31.7%	125, 81.2%	616, 53.9%
	Missing	34, 7.9%	20, 7.8%	4, 1.3%	2, 1.3%	60, 5.2%
<b>Symptom knowledge<sup>a</sup> n, %</b>						
	Low scores	208, 48.1%	44, 17.1%	173, 57.7%	45, 29.2%	470, 41.1%
	High scores	199, 46.1%	207, 80.5%	120, 40.0%	107, 69.5%	633, 55.4%
	Missing	25, 5.8%	6, 2.3%	7, 2.3%	2, 1.3%	40, 3.5%

265 **Note.** <sup>a</sup>Risk factor and symptom knowledge scores were split at the median. <sup>b</sup>hrHPV = high-risk human  
266 papillomavirus. HrHPV self-sampling was offered during the intervention and post-intervention period.  
267

### 268 CC awareness improvement in LRS

270 Univariate analyses for both females and male household decision-makers are provided in the  
271 supplementary tables S2 and S3. Figure 2 displays the Forest plot of the multivariable analysis assessing  
272 the association between post-intervention status and CC awareness outcomes, by sex. Compared to the  
273 pre-intervention group, post-intervention women had significantly higher odds of scoring high on both  
274 risk factor (N = 2140, OR = 9.51) and symptom knowledge (N = 2139, OR = 6.24), after adjusting for  
275 country, age, education, marital status, women's health decision-making status, and prior CC screening  
276 history.

277 Among male household decision-makers, post-intervention men had significantly higher odds of scoring  
278 high on both risk factor (N = 1083, OR = 11.72) and symptom knowledge (N = 1103, OR = 4.60),  
279 compared to their pre-intervention counterparts, after adjusting for country, age, education, and marital  
280 status.



281 **Figure 2.** The association between pre-/post-intervention status and cervical cancer awareness outcomes,  
282 by sex (multivariable analysis, adjusted odds ratio)  
283

284 **Note.** Pre-intervention is used as the reference group. All models adjust for country, age, education and  
285 marital status. Female models additionally adjust for health decision-making status and lifetime cervical  
286 cancer screening.  
287

288 Some determinants were associated with CC awareness and lifetime CC screening (see supplementary  
289 tables S4 and S5). Women with primary education or higher, showed smaller improvements in risk factor  
290 knowledge than those with no education. Similarly, women who reported previous CC screening showed  
291 smaller improvements in risk factor knowledge than those never screened. Among male household  
292 decision-makers, rural Ugandan males had higher CC awareness improvements than rural Bangladeshi  
293 males.  
294

295 **Sensitivity analysis**

296 The results between the imputed dataset analysis and the complete case analysis were comparable and  
297 consistent. Both analyses found after adjustment significantly higher odds of scoring high in CC  
298 awareness domains in both females and male household decision-makers, see supplementary tables S6 and  
299 S7.

300

301 **Discussion**

302 This study evaluated a CC awareness intervention that combined mass media and CHW-led outreach,  
303 tailored to local cultural and health system contexts in two distinct LRS (rural Uganda and rural  
304 Bangladesh) among both women and male household decision-makers. We hypothesised that this  
305 comprehensive tailored intervention would improve CC awareness (measured as risk factor and symptom  
306 knowledge). Our hypothesis was supported, in that both women and male household decision-makers  
307 living in LRS had significantly higher CC awareness following this intervention.

308

309 The results align with a systematic review about interventions in rural areas that focus on improving  
310 women's CC awareness.<sup>11</sup> However, only one previous study has assessed CC awareness change among  
311 men in LRS. Vahabi and colleagues<sup>19</sup> reported improvements in both men's and women's awareness after  
312 a CHW-led program in rural India, though women's attitudes toward CC decreased, possibly due to  
313 entrenched gender norms and sociocultural stigma. This can be alleviated through broader community  
314 engagement using mass media.<sup>20,26</sup> However, this approach was not included in their study, as the  
315 intervention took place at a study site. Their results are common challenges to community-based CC  
316 interventions as women often rely on other women for health information in LRS.<sup>26</sup> This often leads to  
317 inaccurate information due to community misconceptions and myths.<sup>26</sup> Mass media channels such as radio  
318 can reach the most remote communities with limited electricity or internet.<sup>20,26</sup> In many communities, it is  
319 part of the culture for people to gather in the evenings to listen to the radio together.<sup>26</sup> This might explain  
320 why the greatest improvements in our study were found among women with no education, no previous CC  
321 screening, and who had lower pre-intervention CC awareness.

322

323 There are several strengths to our study. We studied a unique intervention that targets both women and  
324 male household decision-makers in LRS through a combination of mass media and CHW-led outreach.  
325 Our study is innovative, in that it is one of the few studies that quantitatively evaluates both women's and  
326 men's post-intervention CC awareness. In doing so, we can evaluate the reach and impact of the  
327 intervention on males who play a pivotal role in women's CC screening but generally lack awareness of  
328 CC.<sup>12</sup> While male household decisionmakers' role are central, in Bangladesh, mothers-in-law also strongly  
329 influence women's health decisions. The study has strong external validity in its evaluation of the  
330 intervention in two continentally diverse LRS. While there are important contextual differences, the  
331 overall consistency of effect suggests that tailored comprehensive approach can be effective and  
332 applicable across diverse settings. We also demonstrate the feasibility of using the adapted AWACAN to  
333 measure awareness in different LRS. This addresses a common gap noted in systematic reviews of the  
334 overuse of self-developed unvalidated questionnaires which have shown high heterogeneity and make it  
335 difficult to perform meta-analyses.<sup>11,27</sup> Additionally, the study's sample size is larger than those in  
336 previous LRS interventions,<sup>11,12,27</sup> which increases the confidence in our findings. However, the results  
337 should be interpreted with some caution. It is possible that women at post-intervention misunderstood the  
338 question on lifetime CC screening prevalence and indicated "yes" to the question, thus demonstrating  
339 elevated prevalence at post-intervention due to PRESCRIP-TEC's implementation of the hrHPV self-  
340 sampling. Additionally, different but comparable groups were used for pre- and post-intervention surveys,  
341 wherein the intervention effect could be influenced by the characteristics of the population and reduce  
342 causality compared to repeated measures design. Nevertheless, the quasi-experimental design offers a  
343 practical and feasible design to reach hard-to-reach LRS, especially when long-term follow-up is not  
344 possible. It allows for timely evaluation of interventions under logistical and time constraints, which

345 limited the number of AWACAN invitations to male household decisionmaker respondents at the post-  
346 intervention stage.

347  
348 The pre-intervention reported lifetime CC screening prevalence observed in our study is comparable to  
349 previous literature's findings for both countries.<sup>6</sup> After provision of hrHPV self-sampling, 73·4% of  
350 women in the study population participated in CC screening, meeting the World Health Organization's  
351 screening target.<sup>5</sup> This aligns with the literature of the effectiveness of hrHPV self-sampling in increasing  
352 uptake.<sup>27,28</sup>  
353 Around 88% of women reported not being the sole decision-maker of their health. Male involvement is  
354 known to be a key facilitating factor to CC screening uptake.<sup>12</sup> The improvements in CC awareness among  
355 both women and men in our study suggest that engaging households and communities through a  
356 comprehensive approach can help address CC awareness gaps and increase demand for screening. As  
357 mass media is already part of community life, combining it with CHW outreach efforts offers a feasible  
358 and accessible way to disseminating CC information. This is necessary to supplement the challenges of  
359 CHW outreach efforts, such as high turnover which affect trust and long-term sustainability of CC  
360 screening uptake.<sup>29,30</sup>

361  
362 In conclusion, this study demonstrates that involving male household decision-makers and engaging  
363 communities through a culturally tailored, comprehensive intervention using mass media and CHW  
364 outreach can effectively improve CC awareness among both women and male household decision-makers  
365 in two diverse LRS. Such an intervention can serve as a model for future implementation efforts and  
366 policy to reduce within-country disparities. Prioritising awareness and screening in LRS is a practical  
367 strategy for policymakers, as these areas carry a disproportionately high share of disease burden.<sup>7,11</sup>  
368 Exploring long-term effectiveness and cost-effectiveness of such an intervention will further support  
369 policymaker decision making, particularly in LRS.

#### 370 371 **Contributors**

372 FAKS, JDZ, GHDB, JK, KV contributed to the development of the study, study design, data analyses and  
373 interpretation. FAKS, JDZ, GHDB, JK, KV, OCV contributed to the manuscript preparation. Prevention  
374 and Screening Innovation Project–Towards Elimination of Cervical Cancer (PRESCRIP-TEC) consortium  
375 members (JDZ, JK, OCV, CA, DA, NN, MUK, AR, MDF, CC) developed the surveys, were involved in  
376 the intervention implementation and data acquisition efforts in both countries. All authors contributed to  
377 the refinement and approval of the final manuscript. All authors had full access to study data and had final  
378 responsibility for the decision to submit for publication.

#### 379 380 **Data Sharing**

381 De-identified participant data that underlie the results reported in this article will be made available for  
382 related research and analysis upon reasonable written request to the corresponding author following  
383 publication.

#### 384 385 **Declaration of interests**

386 The Cepheid company made part of the laboratory equipment available for the PRESCRIP-TEC research  
387 in Bangladesh and Uganda, but was not involved in the research design, data collection or analysis. All  
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- 482

**Low resource settings in Uganda (UG) and Bangladesh (BD)**

**Pre-intervention**

UG Females = 423  
BD Females = 298

UG Males = 432  
BD Males = 300

**Post-intervention**

UG Females = 967  
BD Females = 511

UG Males = 257  
BD Males = 154

**Table 1. Demographic data stratified by country and pre-/post-intervention levels**

		Rural Uganda		Rural Bangladesh		Total
Females		Pre- (N = 423)	Post- (N = 967)	Pre- (N = 298)	Post- (N = 511)	Females (N = 2199)
<b>Age<sup>a</sup> n, %</b>						
	< 36 years	147, 34.8%	546, 56.5%	137, 46.0%	183, 35.8%	1013, 46.1%
	≥ 36 years	208, 49.2%	421, 43.5%	161, 54.0%	328, 64.2%	1118, 50.8%
	Missing	68, 16.1%	..	..	..	68, 3.1%
<b>Marital status n, %</b>						
	No partner	51, 12.1%	41, 4.2%	..	10, 2.0%	102, 4.6%
	Partner	305, 72.1%	926, 95.8%	298, 100%	501, 98.0%	2030, 92.3%
	Missing	67, 15.8%	..	..	..	67, 3.0%
<b>Highest level of education n, %</b>						
	No education	254, 60.0%	624, 64.5%	275, 92.3%	275, 53.8%	1428, 64.9%
	Primary Education and Higher	102, 24.1%	343, 35.5%	23, 7.7%	236, 46.2%	704, 32.0%
	Missing	67, 15.8%	..	..	..	67, 3.0%
<b>Health Decision-maker n, %</b>						
	Myself	114, 27.0%	133, 13.8%	8, 2.7%	13, 2.5%	268, 12.2%
	Partner, Someone else in the household or Joint	309, 73.0%	832, 86.0%	289, 97.0%	498, 97.5%	1928, 87.7%
	Missing	..	2, 0.2%	1, 0.3%	..	3, 0.1%
<hr/>						
Male household decision-maker		Pre- (N = 432)	Post- (N = 257)	Pre- (N = 300)	Post- (N = 154)	Males (N = 1143)
<b>Age<sup>a</sup> n, %</b>						
	< 40 years	237, 54.9%	100, 38.9%	94, 31.3%	26, 16.9%	457, 40.0%
	≥ 40 years	149, 34.5%	157, 61.1%	206, 68.7%	126, 81.8%	638, 55.8%
	Missing	46, 10.6%	..	..	2, 1.3%	48, 4.2%
<b>Marital status n, %</b>						
	No partner	71, 16.4%	2, 0.8%	..	..	73, 6.4%
	Partner	313, 72.5%	255, 99.2%	300, 100%	152, 98.7%	1020, 89.2%
	Missing	48, 11.1%	..	..	2, 1.3%	50, 4.4%
<b>Highest level of education n, %</b>						
	No education	285, 66.0%	82, 31.9%	259, 86.3%	92, 59.7%	718, 62.8%
	Primary Education and Higher	102, 23.6%	175, 68.1%	41, 13.7%	60, 39.0%	378, 33.1%
	Missing	45, 10.4%	..	..	2, 1.3%	47, 4.1%

*Note.* <sup>a</sup>Age was split at the median.

**Table 2. Indicators for awareness stratified by country and pre-/post-intervention levels**

		Rural Uganda		Rural Bangladesh		Total
Females		Pre- (N = 423)	Post- (N = 967)	Pre- (N = 298)	Post- (N = 511)	Females (N = 2199)
<b>Risk Factor knowledge<sup>a</sup> n, %</b>						
	Low scores	289, 68.3%	370, 38.3%	260, 87.2%	151, 29.5%	1070, 48.7%
	High scores	112, 26.5%	560, 57.9%	38, 12.8%	360, 70.5%	1070, 48.7%
	Missing	22, 5.2%	37, 3.8%	..	..	59, 2.7%
<b>Symptom knowledge<sup>a</sup> n, %</b>						
	Low scores	255, 60.3%	199, 20.6%	198, 66.4%	138, 27.0%	790, 35.9%
	High scores	135, 31.9%	741, 76.6%	100, 33.6%	373, 73.0%	1349, 61.3%
	Missing	33, 7.8%	27, 2.8%	..	..	60, 2.7%
<b>Lifetime cervical cancer screening prevalence n, %</b>		28, 6.6%	394, 40.7%	29, 9.7%	66, 12.9%	517, 23.5%
	Missing	16, 3.8%	27, 2.8%	1, 0.3%	11, 2.2%	55, 2.5%
<b>Uptake of hrHPV self-sampling<sup>b</sup> n, %</b>		..	618, 63.9%	..	467, 91.4%	1085, 73.4%
	Missing	..	317, 32.8%	..	25, 4.9%	342, 23.1%
<hr/>						
Male household decision-maker		Pre- (N = 432)	Post- (N = 257)	Pre- (N = 300)	Post- (N = 154)	Males (N = 1143)
<b>Risk Factor knowledge<sup>a</sup> n, %</b>						
	Low scores	222, 51.4%	17, 6.6%	201, 67.0%	27, 17.5%	467, 40.9%
	High scores	176, 40.7%	220, 85.6%	95, 31.7%	125, 81.2%	616, 53.9%
	Missing	34, 7.9%	20, 7.8%	4, 1.3%	2, 1.3%	60, 5.2%
<b>Symptom knowledge<sup>a</sup> n, %</b>						
	Low scores	208, 48.1%	44, 17.1%	173, 57.7%	45, 29.2%	470, 41.1%
	High scores	199, 46.1%	207, 80.5%	120, 40.0%	107, 69.5%	633, 55.4%
	Missing	25, 5.8%	6, 2.3%	7, 2.3%	2, 1.3%	40, 3.5%

**Note.** <sup>a</sup>Risk factor and symptom knowledge scores were split at the median. <sup>b</sup>hrHPV = high-risk human papillomavirus. HrHPV self-sampling was offered during the intervention and post-intervention period.

